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Believe in ourselves, be the best we can be

Newsletter- 10.2.23

Non-Pupil Day- Monday 20th February

We have tried to give reminders beforehand but I realise you are all busy people! A reminder that **Monday 20th February** is a non-pupil day. We will next see you on **Tuesday 21st February!**

Children's Mental Health Week

Children's Mental Health Week is an annual event dedicated to raising awareness about children and young people's mental health. This important event is a brilliant opportunity to open a discussion about mental health and wellbeing with children and young people. At Bishop, we decided to let our Mental Health Ambassadors take a lead role. This pupil leadership group is an important part of our school. These are the messages they gave the other children in the school during the assembly-



- We are here in school at break times and lunchtimes to help if you have a problem, are feeling upset, confused or worried.
- We can listen and help you to think about how a problem could be sorted out or listen to your feelings and this could help you feel better.
- If you need an adult, we can help to find one.
- We are role models for everyone to show how to look after others and how to look after our own Mental Health.
- In line with this year's theme, they reminded the children about making positive connections with friends and families.

Look out for more amazing reflections at the end of this newsletter.

Safer Internet Day- 7th Feb

Children across the school took part in Safer Internet day this week to discuss and carry out activities around staying safe online. It was lovely to hear the conversations children were having around their awareness of their online safety and wellbeing, as well as discussing the positives of using the internet too! This year's theme was: Want to talk about it? Making space for conversations about life online. The day saw the children carry out a variety of activities from creating posters, to ranking online issues, to completing the 'Safer Internet Day' quiz



to support them in talking about their online experiences. It was a great opportunity to put the children at the heart of the conversations and give them the opportunity to share their ideas about the online safety support they receive and how they would like the internet to look in the future.



***'In ten years' time, I would like the internet to be a completely safe space where none can hack or scam anyone and you have the freedom to go online and do what you want without worrying about people invading your privacy.'* Lila- Y6**

***'In ten years' time, I would like the internet to be completely protected so you can play games, upload things you want and for it to be a space where you can do whatever you like without having to worry that people are going to be unkind or scam you.'* Joe- Y6**

***'If you are on a website where someone is cyberbullying you, you must log off straight away and tell someone.'* Charlie F- Y3**

***'If someone is mean to you online you need to protect yourself, you could block them or talk to someone you trust to help you solve the problem.'* Esmee- Y3**

Number Day

It certainly was a day of maths in school. Children across the school looked fantastic in their 'Dress as digits' outfits and it was great to see the kids explaining their outfits to their friends. All classes took part in a range of challenges and the hunt for Buddy (NSPCC) mascot was a huge success with great mathematical problem solving shown by all classes.

Thank you to the house captains for coming in early to collect donations on the playground. We raised an amazing **£159.88** for the NSPCC. Thank you for all donations and creating such marvellous outfits.



Preschool Update

At preschool we have been making the most of the fantastic weather and our outdoor areas. The children discovered ice in the forest area, took turns to feed our fish and have enjoyed musical movement using the coloured scarves and pom poms!

Christie Tribble- Preschool Supervisor



Pupil Voice

As mentioned, this week's pupil voice followed the assembly led by our Mental Health Ambassadors (MHAs) as part of the Children's Mental Health week. After the assembly, they were asked why they might talk to a MHA in the playground.

***'You might want to talk to a MHA when you have something you want to tell someone that is closer to your own age.'* Sophia- Y6**

***'I would talk to MHA to share my feelings if I was feeling sad so they could help me understand how to fix it. I feel happy to connect with my parents because I know they will always listen and support me.'* Billy C- Y6**

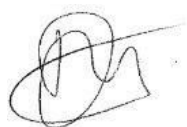
***'If you feel upset and you want to talk about something, they are happy to talk!'* Layla- Y2**

***'You might call them when there is a disagreement'* Jimi- Y3**

***'If you are a bit worried they will be there for you!'* Nate- Y1**

Thank you for your continued support. We hope you have a wonderful half term!

Kind regards,



Dave Killoran
(Headteacher)

FUTURE DATES FOR THE PRIMARY SCHOOL

Monday 13th to Friday 17th February 2023	Half Term
Monday 20th February	Non-Pupil Day
Monday 27th March	Reports out to parents/carers (except Explorers)
Wednesday 29th March	Optional Parent Meeting following reports
Monday 27th and Thursday 30th March	Explorers Parents' Meetings



DATES FOR YOUR DIARY:



February 10th: Cake sale (PIONEERS)

March 24th : Cake sale (ADVENTURERS)

May 19th : Cake sale (INVESTIGATORS)

June 16th : Ice Pop sale by FOBS

June 16th and 23rd : Fair Donation Days

June 30th : Summer Fair

September 28th : Bounce Off